

Superpowers – Action Plan



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Document	Do I want this?	Is it current?	Where is it?	Who needs to know?	To Do	Done
Inventory of Accounts						
Power of Attorney for Property						
Power of Attorney ¹ for Health Care						
Living Will Declaration Form						
DNR/POLST Order ²						
Will						
Trust						
What do you feel are the three most important things that you want your friends, family, and/or doctors to understand about your wishes and preferences for end-of-life care?³						
1.						
2.						
3.						

¹Examples of Illinois Health Care Advance Directives, <https://dph.illinois.gov/topics-services/health-care-regulation/nursing-homes/advance-directives>

²Do Not Resuscitate/Practitioner Orders For Life-Sustaining Treatment

³See the Conversation Starter Kit, at <https://theconversationproject.org/>, for more information about how to talk with your family and others.